



Your **FREE
Guide to
Natural Health**



Introduction



Welcome to Go Life Healthcare!

Here you will find many resources to feel your absolute best in life! Go Life endeavours to set the trend in the global nutraceutical and cosmeceutical markets, with its focus on product quality, safety and customer care satisfaction.

In our e-book you will be able to learn about our range of products and how they can guide you in living a healthier life and to assist you with individual ailments.

Our vision at Go Life is to enable our current and / or futuristic clients from all walks of life, independent of gender, age, social status and nationality, a healthier life.

Go Life adds value to the market by combining its extensive knowledge with exceptional product innovation, providing solutions to the unmet medical needs of a growing world population.

The success stories are founded on patented technologies, products, ingredients and proprietary formulas. These have been researched and developed over many years by dedicated teams of renowned scientists and practitioners in the medical and pharmaceutical industries of South Africa and Germany.

Go Life's product range is based on a combination of selected vitamins, co-factors and minerals, as well as specific natural ingredients. A unique feature of the Go Life technology is the ability to dramatically increase the bioavailability through formulation of fat-soluble compounds (e.g. Vitamin D, E, CoQ10, essential fatty acids and natural extracts) into water soluble forms.

Go Life consists of internationally experienced, highly committed scientific and business experts, combining more than 240 years in the life sciences industry including research, product development and manufacturing.

Production methods are validated and continuously audited by regulatory authorities and comply with the highest standards (such as Current Good Manufacturing Practices - cGMP). Go Life's products are also registered with the Medicines Control Council of South Africa (MCC).

To answer the question of why us in short; nobody else can!

The Go Life team xx
081 523 2372





Our Products

Carni Go



- + Fatty acid oxidation within the mitochondria of the cell
- + Dread disease - wasting of muscles
- + Magnesium - the 4th most important mineral
- + Leached from the body during an immune response

| | |
|----------|--|
| Quantity | 60 Capsules |
| Dosage | Adults: 2 Capsules daily Children 6-12 years: 1 Capsule daily |

Arthritis | High blood pressure | Diabetes 1 & 2 | Alzheimers | ADD/ADHD | Migraines | Osteoporosis

Go Passion



- + Patented combination of L-Arginine and Magnesium
- + In women, reported to increase intensity of sensation
- + Magnesium assists with controlling blood pressure

| | |
|----------|---------------------------------------|
| Quantity | 30 Capsules |
| Dosage | Take 1 Capsule twice a day with meals |

May improve fertility | Longer staying power | Heightens sensation | Increases libido



Our Products



Go Green Wonder Spray



R130.00

- + Contains Aloe Ferox, Topical Vitamin C and Magnesium Chloride
- + Aloe extract treats various skin conditions and speeds up healing and recovery process
- + Topical Vitamin C is an antioxidant, effective in protecting the skin

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| Quantity | 100 ml |
| Dosage | Apply as frequently as required Shake well before use |

Sunburn | Skin ulcers | Fungal infections | Insect bites | Sports injuries | Gout | Acne



Go Lax



R50.00

- + Primarily an excellent laxative made from 100% Aloe Ferox bitters
- + Aloe Ferox is a herbal, non-toxic, cleansing and natural detoxifying agent
- + High in vitamins, minerals, amino acids and polysaccharides

| | |
|----------|-------------------------------------|
| Quantity | 30 Capsules |
| Dosage | Take 1-2 Capsules per day as needed |

Constipation | Colic | Ulcers | Heartburn

Our Products



Twin Pack



R280.00

- + Carniboost is a L-Carnitine supplement with vital elements that helps the body cope with stress caused by chronic illness and hectic lifestyles
- + Assist persons with recovery from post operation trauma

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| Quantity | 60 Capsules & 50 ml Carniboost |
| Dosage | 1 Capsule in morning and afternoon with meal 15 Drops in water, morning and evening with meals |

Alzheimers | Anxiety | Asthma | Constipation | Stroke

Aloe Spray



R130.00

- + Contains Aloe extract, Vitamin C and Magnesium Chloride
- + Aloe spray helps to restore cell function, that accelerates skin barrier recovery - resulting in better wound healing and effective infection and pain control

| | |
|----------|-------------------------------|
| Quantity | 100 ml |
| Dosage | Apply as frequently as needed |

Promotes wound healing | Soothes pain | Fungal infections | Sunburn | Insect bites | Gout

Our Products



Miracle Green



- Leonotis Oxymifolia, Ostrich Oil and Vitamin E combined into an ointment, which greatly assists the treatment of stings, skin diseases, muscular cramps, eczema, skin rashes, boils and provides relief from haemorrhoids.

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| Quantity | 125 g |
| Dosage | Apply as needed |

Eczema | Boils | Skin rashes | Haemorrhoids

Supa Sex



- The amino acid L-Arginine is well known for its sexual stimulating properties and is combined with Magnesium Oxide and Chloride that can assist men attaining erections that are bigger, harder and more frequent
- Used by women, it can increase the intensity of sensations during intercourse

| | |
|----------|---------------------------------------|
| Quantity | 30 Capsules |
| Dosage | Take 1 Capsule twice a day with meals |

Bigger erections | Enhanced libido

Our Products



Herbal Tea



- + The anti-oxidant properties of Rooibos and Honeybush teas are well documented
- + In this tea, they are combined for the first time with Sutherlandia (Cancer Bush) to increase its effectiveness

| | |
|----------|------------|
| Quantity | 40 Teabags |
| Dosage | N/A |

Soaps



- + A glycerine based soap enriched with essential fatty acids to produce a unique and natural product
- + It penetrates the skin more effectively and promotes faster relief and healing

| | |
|----------|-------------|
| Quantity | 68mm x 31mm |
| Dosage | N/A |

Promotes faster relief and healing

Our Products



Re-Gen Skin Cream



R140.00

- +
- A combination of regu-age, ostrich oil, Vitamin A, Vitamin E, Vitamin C, Aloe gel and MSM - which treats the appearance of blemishes and penetrates the deep tissues of the skin to promote natural healing and rejuvenation

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| Quantity | 125 g |
| Dosage | Apply in morning and evening |

Skin regains youthful elasticity

Healthy Lips



R20.00

- +
- A natural and chemically free formulation, rich in Omega essential fatty acids which is combined with mint oil to nourish and soothe your lips

| | |
|----------|-----|
| Quantity | 4 g |
| Dosage | N/A |

Our Products



Herbal Cough Syrup



R80.00

- + This is a combination of healing herbs which will soothe a cough or sore throat (Garlic, Ginger, Olive leaves, Vitamin C, Peppermint, Rooibos and more)
- + The syrup can soothe coughs, sore throats and can help fight viruses

| | |
|----------|---|
| Quantity | 150 ml |
| Dosage | 5 ml Three to four time a day as needed |

Soothes coughs | Soothes sore throat

Oxi-Vite



R160.00 A
R120.00 C

- + Oxi-Vite is an easy way to ensure that you are getting an adequate supply of vitamins
- + Available in adult and children's syrup
- + Oxi-Vite has specifically been made a liquid formulation as liquid nutrients are absorbed faster and more effectively

| | |
|----------|------------------|
| Quantity | 300 ml |
| Dosage | 5 ml Twice a day |

Healthy skin, eyes and hair | Regulates protein and calcium metabolism



Product Benefits

Carni-go



Boosts mental & physical performance / Consequence of a high stress environment / Athletic performance / Can benefit people with high blood pressure / Excellent immune booster / Arthritis / Diabetes 1 & 2 / Alzheimers / Anorexia / Kwashiorkor / Chronic fatigue syndrome / Cancer with Cachexia / Rheumatoid Arthritis / ADHD / HIV infections / Muscle cramps and weakness / Osteoporosis / Migraines / Parkinson's disease / PMS

Go Passion



Larger erections which last longer / Enhancing your sperm count and increasing motility
Enhances libido / Heightens sensation / Cope favourably with PMS or Menopause

Go Green



Psoriasis / Acne / Open wound abrasions / Lower limb ulcers / Sunburn / Insect bites / HIV related skin lesions / Oral thrush / Sore throat / Sport injuries and muscle pain / Gout / Arthritis

Go Heal



Minor insect bites / Slow healing wounds / Acne / Muscular cramps / Superficial sports injuries / Sunburn / Reduction of scarring and stretch marks / Gout / Topical fungal infections / Arthritis
Eczema / Psoriasis

Twin Pack Hypermag



Improved metabolism / Reduced cholesterol / Improved brain function / Improved energy levels
Improved fertility in males / Reduces symptoms of hyperthyroidism / Maintains healthy heart rhythm
Encourages normal blood pressure / Promotes bone health / Strengthens immune system / Helps to regulate blood sugar levels

Aloe Spray



Promotes wound healing / Can be used on open wound abrasions / Reduces symptoms of eczema and psoriasis / Relieves pain and itching associated with insect bites and rashes / Soothes pain and promotes recovery from burns and sunburn / Relieves aches and pains in sports injuries / May have anti-bacterial, anti-viral activity and anti-inflammatory

Miracle Green



Arthritis / Muscle pain / Cuts and burns / Eczema / Acne / Skin rashes / Boils / Bites and stings
Psoriasis / Haemorrhoids

Supa Sex



Increased blood flow to the penis which results in bigger, more frequent erections / Can improve sperm count and motility of the sperm / Enhanced libido / Can improve sexual experience in both men and women

Herbal Tea



Powerful antioxidants / Immune boosting effects / Non addictive / Aids digestion and reduces cholesterol / Anti inflammatory / Eases symptoms of depression and nervous tension, irritability and headaches

Skin Re-gen



Promotes deep penetration into skin tissue / Promotes natural healing and rejuvenation / Promotes healthy, glowing, younger looking skin / Skin regains youthful elasticity and produces more collagen naturally

Healthy Lips



Relieve chapped or dry lips / Soothe cold sores / Used as sunscreen / Moisturises lips / Helps prevent sunburn and cracking